


HOLLIDAYSBURG AREA SENIOR HIGH SCHOOL  
ATHLETIC OFFICE  
1510 NORTH MONTGOMERY STREET  
HOLLIDAYSBURG, PA 16648  
PHONE (814) 695-5986

DR. MAUREEN LETCHER, PRINCIPAL

HOMER DELATTRE, CAA, ATHLETIC DIRECTOR

TO: PARENTS OF SIXTH GRADERS  
FROM: Homer DeLattre, CAA, Athletic Director   
DATE: May 8, 2019  
SUBJECT: FALL SPORTS AT HOLLIDAYSBURG AREA JUNIOR HIGH SCHOOL

---

Dear Parents/Guardians of 6<sup>th</sup> Grade Students:

The Pennsylvania Interscholastic Athletic Association (PIAA) mandates that all students participating in interscholastic athletics must have a physical before participating. If your student is interested in playing a fall sport in the Junior High in the upcoming fall season (*7<sup>th</sup> Grade Football, 7<sup>th</sup> Grade Boys' or Girls' Soccer, 7<sup>th</sup> Grade Girls' Volleyball, 7<sup>th</sup> Grade Boys' and Girls' Cross Country, 7<sup>th</sup> Grade Tennis or 7<sup>th</sup> Grade Cheerleading*), a physical packet (which may be obtained from your school's main office) must be completed and turned in before the first day of practice. Practices will commence on Monday, August 12. A list of the first practice dates, times and locations is on the reverse side of this memo. Coaches will provide additional information and schedules at that time.

The Hollidaysburg Area School District provides a sports physical for any student planning to participate in a school sport who is unable to receive a private physical. We have received information from local primary care physicians and pediatricians that they prefer for your child to receive the sports physical from their office (your own provider). Please contact your primary care provider to see if your child is eligible for their yearly physical. If a physical was completed within the last 6 months, the physician may complete the form and "re-certify/authorize" the physical after the June 1<sup>st</sup> required date of PIAA sports. The physical must be authorized by the medical examiner after June 1, 2019.

If you have any problem getting a sports physical from your primary care provider, **Sports Physicals will be provided on Wednesday, June 5 at the Hollidaysburg Senior High School Gym.** Times of physicals are on the first page of the physical packet.

**Please bring the completed packet to physicals at the designated time on June 5 or, if you are getting a private physical, return it to the Main Office at the Senior High School prior to the first day of practice.**

Should you have any questions, please feel free to contact the Athletic Office at (814) 695-5986.

**FALL PRACTICE STARTING TIMES AND LOCATIONS**  
**2019**

Any changes that occur after this printing will be posted on [www.tigerwires.com](http://www.tigerwires.com). Click on the Athletics tab, Golden Tiger Athletics, More, Announcements. Physical Forms must be turned in BEFORE you can practice.

| <b><u>SPORT</u></b>   | <b><u>GRADE</u></b> | <b><u>FIRST PRACTICE TIME AND LOCATION</u></b>  |
|---|---------------------|---|
| <b>JUNIOR HIGH FOOTBALL</b><br>Coach Contact: Rob Burkey<br><a href="mailto:Robert.burkey@hasdtigers.com">Robert.burkey@hasdtigers.com</a>              | 7                   | Monday, August 12. Players will report to the 7 <sup>th</sup> Grade Locker room (YMCA side of the Junior High School) at 7:30 am. Practice will run from 8 am to 11 am. |
| <b>BOYS' AND GIRLS' CROSS COUNTRY</b><br>Coach Contact: Travis Singer<br><a href="mailto:Travis.singer@hasdtigers.com">Travis.singer@hasdtigers.com</a> | 7                   | Monday, August 12 at 8 am. Meet at the Senior High Gym Lobby.   |
| <b>JUNIOR HIGH GIRLS' VOLLEYBALL</b><br>Coach Contact: Brad Lear<br><a href="mailto:Bradlear@hasdtigers.com">Bradlear@hasdtigers.com</a>                | 7                   | Monday, August 12 from 9 am to 11 am in the 7 <sup>th</sup> Grade Gym (YMCA side of the Junior High School).  |
| <b>JUNIOR HIGH GIRLS' SOCCER</b><br>Coach Contact: Will Fitzgerald<br><a href="mailto:willfzgrld@yahoo.com">willfzgrld@yahoo.com</a>                    | 7                   | Monday, August 12 from 9 am to 11 am at the practice field behind the Senior High School.   |
| <b>JUNIOR HIGH BOYS' SOCCER</b><br>Coach Contact: Craig Shale<br><a href="mailto:Craig.shale@hasdtigers.com">Craig.shale@hasdtigers.com</a>             | 7                   | Monday, August 12 from 5 pm to 7 pm at the practice field behind the Senior High School.  |
| <b>GIRLS' TENNIS</b><br>Coach: Brian Denis<br><a href="mailto:Brian.denis@hasdtigers.com">Brian.denis@hasdtigers.com</a>                                | 7                   | Monday, August 12 at 9 am at the Tennis Courts beside Longer Elementary.  |
| <b>CHEERLEADING</b><br>Coach Contact: Ashley Young<br><a href="mailto:Coachyoung67@gmail.com">Coachyoung67@gmail.com</a>                                | 7                   | Monday, August 12 from 9 am to 11 am in Senior High School Auxiliary Gym.   |

The Hollidaysburg Area School District and Athletic Department would like to thank Dr. Bert Altmanshofer, LLC and CrossRoads Physical Therapy and Rehab, Inc. for donating their services for the physicals. Dr. Bert Altmanshofer, DPM and Bridget Collins-Corey, DPM performed foot and ankle evaluations. Tim Parnell MSP.T, ATC, EMT, along with staff members and Saint Francis students, performed musculoskeletal screening for joint stability and muscle strength prior to each athlete being medically screened by Blair Medical Associates.

Bert Altmanshofer, DPM-HASD Class of 1977, Tim Parnell MSP.T, ATC-HASD Class 1982,  
Bridget Collins-Corey, DPM - HASD Class of 2004, Dr. Janelle Brumbaugh, MD - HASD Class of 1977

